

Scott Underwood Invitational
High School Track and Field Meet
Sanford-Jackrabbit Athletic Complex - Brookings, SD
April 1, 2024

Meet Information

Entry Procedures:

- Online only at Athletic.net (www.athletic.net).
- Make sure to print out a hard copy of your records after you have declared.
- You may begin processing entries on March 1st. Entries Close 7:00 pm on March 28th.
- ABSOLUTELY NO RACE DAY ADDITIONS OR SUBSTITUTIONS WILL BE ACCEPTED.
- Heats/flights and the final schedule will be emailed to the head coach list on March 29th by 6pm.
- Please use marks from the previous season or reasonable speculative marks.

Entry Limits (Per School, Per Gender):

- Maximum:
 - 3 per track event, with the following exceptions:
 - 100 meters 4 per school
 - We are adding a 4 x 200 relay and we will only allow 1 entry in the open 200 per school.
 - 2 per field event, 3 in the shot put.
 - 1 relay per team.

Entry Fees/Package Pickup:

- Entry Fees \$15 per individual and/or relay, not to exceed \$150 per gender, per team.
- Combined team entry fee not to exceed \$300 for dual gender programs.
- Entry Fees should be paid at the check in table on the west end of the building upon arrival between 10:30am and 12pm.
- Checks can be made out to SDSU Track and Field.
- Teams must pay prior to competing per NCAA Regulations.
- Checks can be sent. Mail them to SDSU Track and Field, 2820 Stan Marshall Center, Brookings, SD 57007. Please notify us if you are sending your check in prior to the meet by emailing Coach DeHaven at rod.dehaven@sdstate.edu. And your check must be received by March 28th. Please notify your business manager of this date.
- No refunds will be issued unless the meet is cancelled.

Seeding:

- All races will be seeded as finals against time.
- Please use marks from the previous season or reasonable guesses.
- There will be no prelims in any event.
- Meet management reserves the right to limit fields or the use of blocks to ensure that meet gets done in a timely manner. Blocks will be guaranteed in the first 6 heats of sprint races for the start of sprint relay races.

Preferred Lanes:

- 100m Dash & 100/110m Hurdles: 5-4-6-3-2-7-8-1
- 200m Dash: 7-6-8-5-4-3-2-1
- 300m Hurdles & 400m Dash: 6-5-7-8-4-3-2-1

Blocks:

- Will be used for 100, 200, 400, 100m/110m hurdles and relays. Block use will only be guaranteed for the first 6 sections. Use after those sections will be at the discretion of meet management.

Team Scoring:

- All schools will be scored against one another. A plaque will be given to the winning team.

Check-in:

- Track Athletes – check in 45 minutes prior to the start of your event at the table located on the turf in the west end zone near the finish line to receive hip numbers.
- Field event athletes – check in 1 hour prior to the start of your event at the event site.

Relay Cards:

- Relay cards are not needed, if you make changes to your team that include new individual please submit that list when your team checks in for the relay at the clerking table. Cards will be available at the check in table.

Athletes in both Field Events and Track/Relay Events:

- Due the size of the meet the following provisions are put in place:
 - You may jump out of order in the LJ/TJ within your flight. However, if your flight concludes we will need to move to next flight without providing the athlete with attempts.
 - In the PV and HJ, once the bar goes up we will not come back down to accommodate an athlete that ran a track event.

Implement Certification:

- All implements in the Shot Put will be checked-in at the table located by the respective event's throwing area beginning 90 minutes prior to the event's start time.
- Please do not bring implements to the Inspection table before check-in.

Shower Facilities:

- There will be *very limited* shower access in the building.

Facility Restrictions:

- The use of 1/4" (or shorter) pyramid spikes will only be permitted.
- No marking chalk will be allowed on track or runways. Tape is okay.
- Only indoor shot put implements allowed.
- Please bring a tarp for your team camp area.
- NO FOOD, GUM, SUN Flower Seeds or SUGARY SPORT DRINKS ALLOWED ON THE TURF.
- No frisbees, footballs etc will be allowed in the building
- Team camps will be on the infield in the designated team camp area only. Please bring a tarp.

Pre-Meet Warm-Up:

- The track will be open for general warm up at 10:30 am on April 1st.

Training Room:

- Athletic Training services will be provided in the garage located inside the indoor complex on the northwest corner.
- The training area will provide ice. They will not provide injury assessment services.

Fan/Parent Parking:

- Take Exit 133 to US Hwy 14 turn left on to Stadium Drive. Park in the lots, north and west of the facility and enter through the First Bank Trust Entrance on the north side of the building.
- Admission is \$5.00 for adults, college, high school, middle school. \$3.00 for K-5. Cash Only.

School/Bus Parking/Athlete Entrance:

- Take Exit 133 to US Hwy 14 turn left onto Jackrabbit Avenue.
- Coaches and athletes should enter the facility through the east door of the facility off Jackrabbit Avenue. Your buses should park in the paved lot northwest of the building closest to US Hwy 14.

Results:

- Live online at www.dakotatiming.com and final results will be posted on athletic.net after the meet.

Awards:

- An award will be given the winner of each event and relay. All four members of the winning relay team will get an award. No other medals/awards will be distributed for any places beyond 1st place.
- An outstanding performer award will also be presented to the top male and female performer.